

Unit 17c Class Timetable



REAL FITNESS . REAL PEOPLE . REAL RESULTS

Monday

9:30am – RealFit
 - - -
 6:30pm – RealFit
 7:30pm – BootCamp

Tuesday

9:30am – RealFit
 - - -
 4:30pm – KidzFit
 6:30pm – RealFit
 7:30pm – BootCamp

Wednesday

6:45am – CycleFit
 9:30am – RealFit
 - - -
 5:30pm – KidzFit
 6:30pm – RealFit
 7:30pm – BootCamp

Thursday

9:30am – RealFit
 - - -
 6:30pm – RealFit
 7:30pm – BootCamp

Friday

6:45am – CycleFit
 9:30am – RealFit
 - - -
 5:30pm – BootCamp

Saturday

10am – BootCamp

Sunday

10am – BootCamp

RealFit:	RealFit Members; INCLUDED	BootCamp Members; £5	Open Gym Members; £5	Non-Members; £10
BootCamp:	RealFit Members; INCLUDED	BootCamp Members; INCLUDED	Open Gym Members; £5	Non-Members; £5
CycleFit	RealFit Members; INCLUDED	BootCamp Members; £2.50	Open Gym Members; £2.50	Non-Members; £2.50

CycleFit Bolt on for BootCamp and Open Gym Members; £12 per month